



THE CATERPILLAR WAY



..... Where children grow their wings and learn to fly!



A warm welcome from Olivia

Founder and Director, Hungry Caterpillar Day Nurseries



Thank you for your interest in our nursery. You have made an excellent choice in deciding to find out more about Hungry Caterpillar. Our passion and commitment to early years is deeply rooted in wanting the very best start for all children and recognition that early year's education is fundamental in a child's journey. As parents we cannot afford to get this wrong! We welcome children from three months up to five years of age.



Caterpillar Background

Hungry Caterpillars first opened its doors in 1999 in answer to Olivia Foley, the founder, own childcare needs and the inability to find high-quality child care in the local area for her eldest daughter, who is now at university.

Developing an excellent local reputation the group has since expanded across West London into Ealing, Hillingdon, Harrow and Buckinghamshire.

Caterpillar Vision

We believe that allowing children access to quality pre-school education enhances their future life chances. This is backed up by research — we genuinely want our nurseries to be the best and we want your child's nursery experience to be positive, meaningful and full of fun.

We also recognise that each child is an individual with their own specific needs, likes and interests, therefore our staff tailor each child's care and learning plan to their specific requirements and celebrates all that makes them a special individual.

Caterpillar Staff

We recruit staff based on their skills, attitude and passion for working with young children and achieving the very best outcomes for all.

Each staff member is also fully vetted and goes through our extensive recruitment and induction process to become a fully-fledged Caterpillar team member and to ensure they are the right person for this very important role.



“ Staff have very high expectations of all children. Their commitment to planning effective learning opportunities and using exciting resources ensures children make outstanding progress and are very well prepared for school.

— OFSTED REPORT ”



Learning and Development

‘Play is the work of childhood’ – Jean Piaget

At Hungry Caterpillar we follow the Early Years Foundation Stage, which is the national early year’s curriculum, combined with a Forest School ethos that centres on lots of natural outdoor learning opportunities. We believe passionately in the power of exploration and play. There is nothing more effective or important to a child’s development than the opportunity to access purposeful play which is why our indoor and outdoor learning environments are carefully planned to allow children the freedom to investigate, use their imagination and follow their individual interest.

Staff are always on hand to support the children and observe, track and plan carefully to provide opportunities for each child to master the skills they need to move on to their next stage of development. We are also skilled at supporting children with a variety of requirements including those with special educational needs.



“ We are very pleased with Dantae’s care and progress at Hungry Caterpillars, he loves his time there and all the staff have been extremely helpful and supportive. It’s so good to see his confidence slowly growing and lovely to see him forming friendships. Thank you for doing a wonderful job in supporting and encouraging our son’s development.
— Mummy and Daddy Regan ”





The Great Outdoors

Encouraging and inspiring children through positive outdoor experiences

We love being outdoors at Hungry Caterpillar and embrace wholeheartedly, the natural world and all it has to offer. We run our 'Forest School Programme' across all our nurseries and have a dedicated team of 'Outdoor Champions' who lead the programme.

Children of all ages have the chance to access our fabulous outdoor environments both in our wonderful nursery gardens and, for the older children, in our very special Hungry Caterpillar Forest School sites. We love to provide children with learning opportunities that encourages an appreciation of the wider natural world and a sense of responsibility for the environment. The weather is never a barrier as children are provided with essential outdoor wear.

Our approach helps children to understand and manage risk, develops confidence, self-esteem, language skills and nurture a love of the outdoors.



“Studies have shown that spending time in natural environments helps children with recall and memory, problem solving and creativity. In addition, children who spend more time outside are physically healthier now and as adults.”

— David Suzuki



Food and Nutrition

Healthy eating at nursery

At Hungry Caterpillar, healthy eating is not just about what we put on the children's plate each day. It's about educating and giving children the knowledge and independence to make healthy choices that we hope, will last for the rest of their lives.

We have a massive responsibility to make sure the food served is of the very best quality and that we encourage great eating habits in children. We feel passionately about this and therefore follow the respected 'Children's Food Trust' guidance on promoting and supporting healthy eating in early years and guarantee that the food we serve your children is of high quality, freshly prepared and nutritionally balanced.

We are really lucky to have a team of award-winning chefs working with us to create these fantastic meals for the children. Our chefs love coming up with new ways to excite the children with food and even enjoy getting out of the kitchen and into the nursery to cook with them!



2016 Winners

We are proud to be NMT Nursery Chef of the Year 2016 winners!

Specific dietary requirements



We assure you that all of your child's dietary needs will be met whilst at nursery. Our staff and Chefs are fully trained to understand the specific dietary requirements of different aged children, as well as those with allergies or cultural preferences. Our daily menus include a vegetarian option and cooking from fresh means all meals can be easily adapted to meet your child's needs.





“ Faz has always been not only a great cook but also a friend to Noah and other children at the nursery. From day one she showed interest in Noah’s diet and made sure he is fed dairy free where possible and helped us with meal suggestions for Noah. I actually believe he likes Faz’s food more than Mummy’s!
— Mummy and Daddy Greenidge ”

Working Together

Together we can really make a difference

We recognise how vital it is that we earn the trust and confidence of you, the parent, and that you are happy with what we do and how we do it. That's why we strive to build a positive relationship with our parents from day one. We aim to share with you every aspect of your child's development and all those special 'wow moments' that happen along the way. In doing so we are able to establish and maintain open and ongoing communication and unite home and nursery to fully support your child's all round progress and development.

We provide resources, information and communicate in a number of different ways to ensure you feel well informed and part of your child's life at nursery. In addition we welcome parents, carers and grandparents to spend time in the nursery and be part of the vast array of activities and celebrations that take place on a weekly basis. We'd love you to get involved too! Just ask a member of staff if you would like to know more.

Only by working together can we produce happy, confident children who thrive and have every opportunity to reach their full potential.



“ The staff at Hungry Caterpillars are amazing and very professional. They always try to satisfy my requests and are always excited to give feedback each day on what my children have been up to, they're always making an effort to involve the parents in activities and my husband LOVED the Father's Day football match!

— Mummy Brosnan ”

Developing Our Team

In our experience a happy staff team makes a happy nursery

We know that we couldn't do what we do without our fantastic staff team. Each individual staff member plays an important part in the turning cogs that make up Hungry Caterpillars.

Working for Hungry Caterpillars is a career not just a job and we want staff with dedication, passion and above all a true love of early years and working with children. To achieve this we carefully recruit all of our staff to make certain they have the right qualifications and qualities to be a Hungry Caterpillar team member. Rigorous vetting procedures, follow-up on references and a full police check ensures that all staff are completely fit for this important role.

In addition, we put all of our staff through an extensive induction programme and the opportunity for ongoing training to ensure they are always up to date with the latest initiatives, policy changes and best practice. Staff are able to access a whole range of in house training via our very own 'Caterpillar Training Academy' as well as external courses run by experts in our industry. We reward the team

with a fantastic range of benefits in recognition of how important they are to us and also give them the opportunity to achieve in-house and industry recognition of the wonderful job they do.

Hungry Caterpillar is an Award-Winning Nursery with Award-Winning Staff.

We are proud of the awards and recognition we have received within our industry both for individual staff members and Hungry Caterpillar as a whole. It's really important to us to celebrate those achievements with our team and give staff members the opportunity to shine outside of their nurseries amongst their peers and colleagues.



Providing award-winning care and education for children aged 3 months–5 years

Starting Nursery

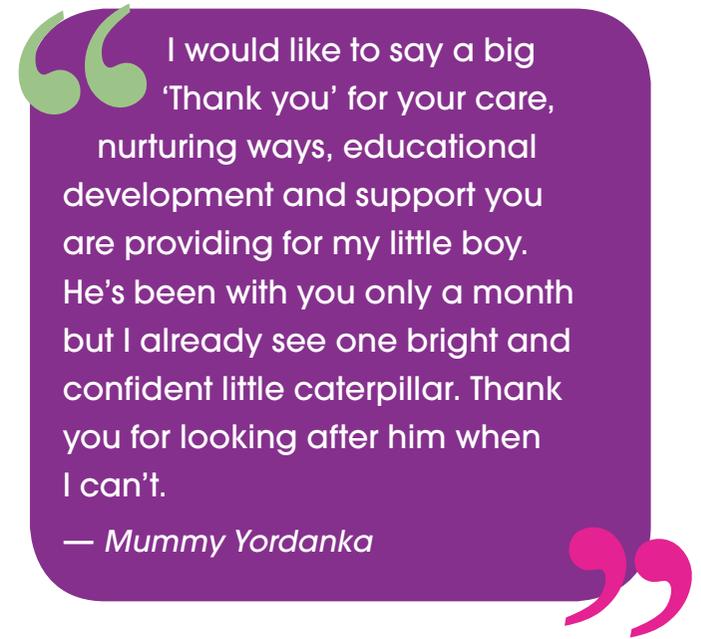
Getting to know your child and you

When your child joins the nursery we make sure your dedicated key person is there to take you through each step. In addition you will also be introduced to your deputy key person who will step in when required.

We will provide you with complimentary settling in sessions to ensure your child and you are familiar and comfortable with the nursery. During this time you will also spend time with your key person and share as much information as possible about your child. No detail is too small if it helps us to get to know your child better.

Each child is different, some children settling quickly whilst others take longer to adjust. Our nursery team will fine-tune the settling in process according to the needs of your child and provide all the support needed for them to make this important transition into nursery.

There is also heaps of support and information on hand for you, the parents. We never underestimate how difficult it can be for you when you first leave your child at nursery. We are always at the end of the phone to give you an update on how the day is going and have an open door policy so you can always pop in and get an update in person.





“ My daughter settled in extremely well and this is all down to the amazing staff. Every single member of staff is enthusiastic and welcoming and you can clearly see that they enjoy working there.

We love the fun atmosphere of the nursery, it is relaxed and encourages learning at the same time. I feel that the nursery deserves to be awarded for all their hard work and the effort they always put in.

— Mummy Munir ”

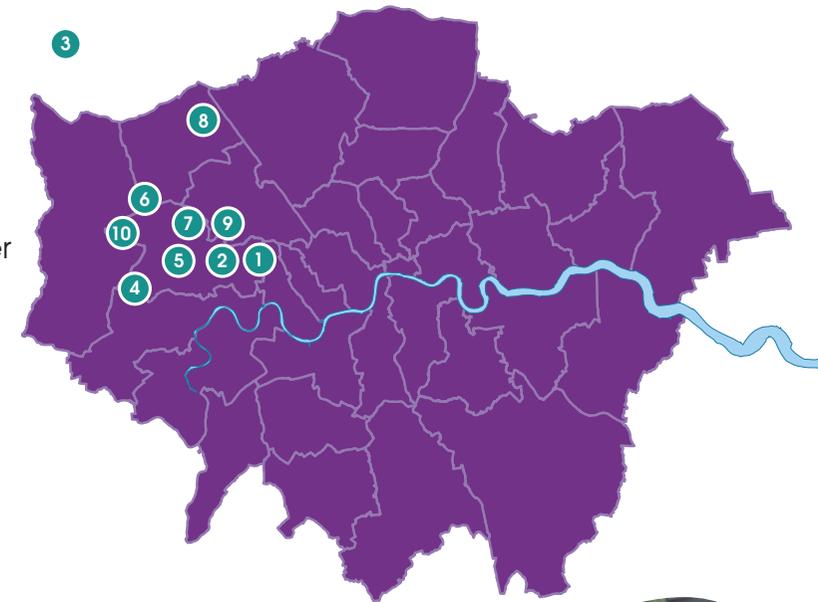


The Caterpillar Family

Our Nursery locations

We provide a wide range of session options at each of our settings. For further information and specific details about what we offer please contact the individual nursery. The manager will be delighted to answer your questions and show you and your family round the nursery.

- 1 Acton** Long Drive, W3
† 0208 222 6395
e acton@hungrycaterpillars.co.uk
- 2 Acton Park** East Acton Lane, W3
† 0208 749 0715
e actonpark@hungrycaterpillars.co.uk
- 3 Chalfont St Peter** High Street, SL9
† 01753 359 123
e chalfont@hungrycaterpillars.co.uk
- 4 Hanwell** Laurel Gardens, W7
† 0208 727 5502
e hanwell@hungrycaterpillars.co.uk
- 5 West Ealing** Hathaway Gardens W13
† 0208 991 5264
e hathaway@hungrycaterpillars.co.uk
- 6 Northolt** Rowdell Road, UB5
† 0208 845 6162
e northolt@hungrycaterpillars.co.uk
- 7 Perivale** Federal Road, UB6
† 0208 991 7815
e perivale@hungrycaterpillars.co.uk
- 8 Stanmore** Abercorn Road, HA7
† 0208 385 8292
e stanburn@hungrycaterpillars.co.uk
- 9 West Twyford** Twyford Abbey Rd, NW10
† 0208 838 3296
e west-twyford@hungrycaterpillars.co.uk
- 10 Yeading** Ditchfield Road, UB4
† 0208 842 3003
e yeading@hungrycaterpillars.co.uk



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